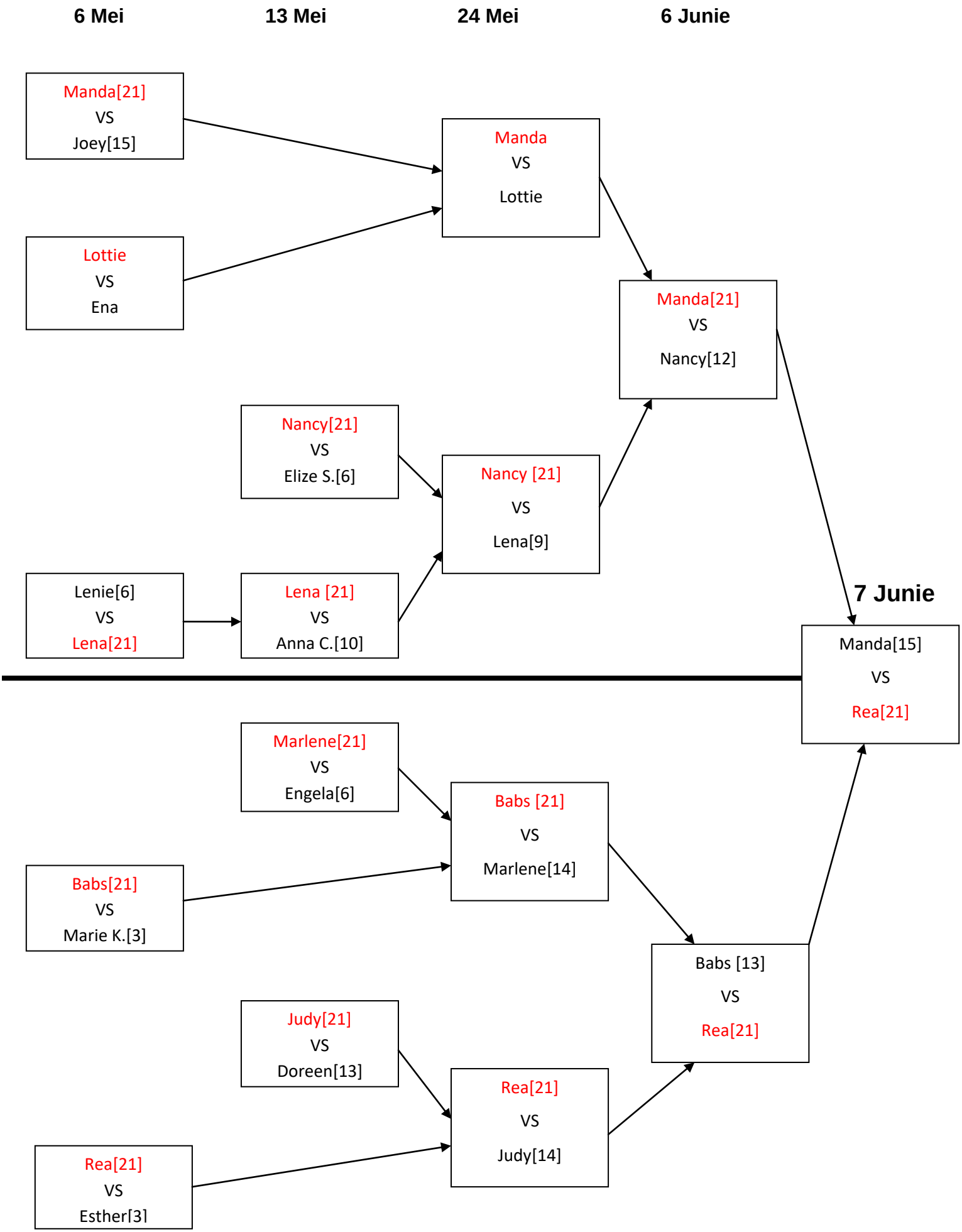Senior Enkels Dames